



# ALL ABOUT SMOOTHIES

## SMOOTHIE RESOURCES

Looking for some great smoothie resources and ideas to use as part of your school's smoothie program?

**CLICK TO VIEW**

**SMOOTHIE 101: CLICK HERE**

Recipe tips, serving tips, marketing tips and more!

**RECIPE ROUNDUP: CLICK HERE**

Pineapple Mango, Winter Escape, Roger Rabbit and more delicious smoothie recipe cards!

**SMOOTHIE GUIDE: CLICK HERE**

A complete guide to recipes for schools!

**HOW TO VIDEO: CLICK HERE**

Learn how to use an immersion blender!

Fuel Up to Play 60 is an in-school health and wellness program from National Dairy Council, local Dairy Councils and the National Football League, in collaboration with United States Department of Agriculture (USDA).

**SMOOTHIES ROCK!**

Resources made possible by our Local Dairy Councils.



FUEL UP



THE NFL MOVEMENT FOR AN ACTIVE GENERATION